Plain Talks On Avoided Subjects

Guernsey Henry Newell
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HENRY N. GUERNSEY, M.D.
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BY

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This little volume is fervently and solemnly dedicated
to its Mission.

Those who conscientiously read and faithfully apply
its teachings to life, cannot fail to become wiser, better
and happier members of the Home circle and of Society
at large.
PREFACE.

For many years I have wished that some able pen would place before the community at large the knowledge contained in the following pages. Some of this information has appeared from time to time in such books as "Graham's Lectures on Chastity," "Todd's Students' Manual," and a few popular works of a similar kind, which have been of immense service to the human race in preserving chastity and in reclaiming the unchaste. But all these are now inadequate to the growing demand for more light on these vital topics. It has been too much the custom for everyone, parents included, to shrink from instructing their own children, or those entrusted to their care, on these points; consequently, many young people solely from their ignorance fall into the direst evils of a sexual nature and are thereby much injured and sometimes wholly ruined for life's important duties.

An experience of forty years in my professional career has afforded me thousands of opportunities for sympathizing with young men, and young women too, who had unconsciously sunk into these very evils merely for want of an able writer to place this whole subject truthfully and squarely before them, or for some wise friend to perform the same kind office verbally. The perusal of a work by
PREFACE.

Wm. Acton, M. R. C. S., of London, on "The Functions and Disorders of the Reproductive Organs in Childhood, Youth, Adult Age, and Advanced Life," has, by his purity of sentiments, which have ever been identical with my own, both inspired and emboldened me to write a work of similar import. But his is for the profession while mine is for the profession and the laity, of both sexes and of any age. May its perusal inspire the readers with a higher appreciation of the matters herein treated, and with a greater effort to reformatory measures everywhere. Whenever I advise the consulting of a "judicious" (a term I use many times) physician, I mean one fully and practically qualified, both by inherent qualities and education for the fullest confidence of his patients.

I am indebted to my son, Joseph C. Guernsey, M. D., for assistance in editing and carrying this work through the press.

Henry N. Guernsey, M. D.,

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